



# UR048000 - UR048005

Hydrophilic Nelaton Catheter  
with Water Sachet  
Male Length



## INSTRUCTION FOR USE

### DESCRIPTION

m|devices Hydrophilic Nelaton Catheter with Water Sachet in a male length, also contains a blue coloured holding sleeve for easy visualisation for an aseptic insertion. This all in one product offers convenience and ease of use without the need for additional products.

The hydrophilic coating, heat polished closed distal end and bilateral side eyelets support a smooth and painless insertion and efficient drainage of urine.

Available sizing range 8Fr -18Fr and length 40cm.

**FOR USE BY AN ADEQUATELY TRAINED USER. THE BELOW IS ONLY A SUGGESTION AND THE USER SHOULD BE THOROUGHLY EDUCATED PRIOR TO ATTEMPTING TO SELF CATHETERISE AND BE AWARE OF INFECTION CONTROL PRINCIPLES.**

### CAUTION

- Single use.
- DO NOT re-sterilise.
- DO NOT store at extreme temperatures and humidity, avoid direct sunlight. Handle with care.
- STERILE (EO), DO NOT use if the package or product has been damaged or contaminated.
- EU Notice: any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority of the Member State in which the user and /or patient is established.

### STEPS

1. Perform hand hygiene.
2. Cleanse urethral area as per education protocol.
3. Prior to opening the packaging, locate the water sachet position within the packaging and squeeze with your dominant hand to burst the water sachet open. This will allow the water to be released into the packaging to lubricate the catheter. Alternatively, you can place the unopened packet on a clean firm surface and by placing the heel of your hand over the water sachet, using your weight to gently burst the water sachet.
4. Wait 15-30 seconds to ensure hydrophilic coating has been activated.
5. Located on the back of the packaging is a sticky tab that can be used to secure the packaging to a wall or other location. Peel off the backing of the sticky tab and press the sticky tab firmly against the desired surface.
6. Peel package 2-4 cm and holding only the funnel of the nelaton, slowly remove the catheter approximately 1/3 of its length from the packaging, taking care not to contaminate it.
7. Grasp the blue holding sleeve and gently slide it over the nelaton catheter whilst simultaneously removing the remaining length of the nelaton from the packaging.
8. Holding the catheter only by the holding sleeve, use your other hand to hold the penis in position for catheterisation.
9. Insert the nelaton catheter gently into the urethral passage into the bladder, until urine starts to flow. Urine can be drained directly into the toilet or into an alternative receptacle.
10. When the bladder is empty, slowly remove the nelaton catheter and place the used catheter back into the empty packaging for disposal.
11. Perform hand hygiene.

### PRECAUTION

- Maintaining aseptic technique during insertion is crucial. If the catheter becomes contaminated, discard and commence procedure using a new catheter.

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